



THE HEART OF A BUDDHA

Date	Time*	Topic	Presenter/Facilitator	Zoom Link**
January 11, 2022	1-3 pm EST	Introduction to Spiritual Formation	Teresa Prajna Bryant	84475701091
January 25, 2022	1-3 pm EST	Small-Group	Teresa, Susthama, and Tanya	<u>Lotus:</u> https://us02web.zoom.us/j/82728717415 <u>Rose:</u> https://us02web.zoom.us/j/83134671402
February 8, 2022	1-3 pm EST	Awakening	Teresa Prajna Bryant	84475701091
February 22, 2022	1-3 pm EST	Small-Group	Susthama Kim and Tanya DeReus	<u>Lotus:</u> https://us02web.zoom.us/j/82728717415 <u>Rose:</u> https://us02web.zoom.us/j/83134671402
March 8, 2022	1-3 pm EST	Life as Moment to Moment Awareness	Teresa Prajna Bryant	84475701091

March 22, 2022	1-3 pm EST	Small-Group	Susthama Kim and Tanya De Reus	<u>Lotus:</u> https://us02web.zoom.us/j/82728717415 <u>Rose:</u> https://us02web.zoom.us/j/83134671402
May 3, 2022	1-3 pm EST	Shadow work	Mary Hamilton	84475701091
May 17, 2022	1-3 pm EST	Small-Group	Susthama Kim and Tanya DeReus	<u>Lotus:</u> https://us02web.zoom.us/j/82728717415 <u>Rose:</u> https://us02web.zoom.us/j/83134671402
June 7, 2022	1-3 pm EST	Healing	Susthama Kim and Tanya DeReus	84475701091
June 21, 2022	1-3 pm EST	Small-Group	Susthama Kim and Tanya DeReus	<u>Lotus:</u> https://us02web.zoom.us/j/82728717415 <u>Rose:</u> https://us02web.zoom.us/j/83134671402
July 12, 2022	1-3 pm EST	Dream work	James Schmeiser	84475701091
July 26, 2022	1-3 pm EST	Small-Group	Susthama Kim and Tanya DeReus	<u>Lotus:</u> https://us02web.zoom.us/j/82728717415

				Rose: https://us02web.zoom.us/j/83134671402
September 13, 2022	1-3 pm EST	Art & Soul: Writing the Sacred	Susan Scott	84475701091
September 27, 2022	1-3 pm EST	Small-Group	Susthama Kim and Tanya DeReus	Lotus: https://us02web.zoom.us/j/82728717415 Rose: https://us02web.zoom.us/j/83134671402
October 4, 2022	1-3 pm EST	The Zen of Death Anxiety	Brad Hunter	84475701091
October 18, 2022	1-3 pm EST	Small-Group	Susthama Kim and Tanya DeReus	Lotus: https://us02web.zoom.us/j/82728717415 Rose: https://us02web.zoom.us/j/83134671402
November 1, 2022	1-3 pm EST	Going Forth, Returning Richly	Teresa Prajna Bryant	84475701091
November 15, 2022	1-3 pm EST			Zoom Link